

## Use of Bodily Fluids Kits

It is important for you to protect yourself from coming in contact with blood or other bodily fluids such as vomit or urine. If required to clean up bodily fluids, use a bodily fluid kit to protect against exposure to pathogens and infectious materials. The following sites offer some tips, but be sure to follow the instructions that your kit provides.

<http://www.spill911.com/Industrial-Supplies-Blog/absorbent/how-to-use-a-body-fluid-spill-kit/>

<http://www.andreini.com/blog/wp-content/uploads/2012/02/bodily-fluid-cleanup-safety.pdf>

### **One 12-step process for cleaning up a bodily fluid spill is as follows:**

1. Take your body fluid spill kit to the spillage area.
2. Put on PPE (Personal Protection Equipment).
3. Spray spill and surrounding area with disinfectant.
4. Sprinkle absorbent granules over the spill, working from the outer edge to the centre of the spill.
5. Once gel is formed, use scoop and scraper to remove the congealed spill.
6. Place scoop, contents and scraper into bio hazard bag.
7. Re-spray area with disinfectant.
8. Use absorbent wipes to further clean spill area and place used wipes into bio hazard bag.
9. Remove protective clothing and place into bio hazard bag.
10. Seal the bag and dispose of in a safe, appropriate manner.
11. Clean hands with skin hygiene product and dispose of packaging into a suitable waste bin.
12. Record/Report the incident. (For DCLS, complete an unusual occurrence form

Some other tips are

- Never pick up broken glass with hands. Use tongs or a broom and dustpan.
- If any exposed body parts, especially open wounds, eyes, nose, or mouth come in contact with contaminants, be sure to report this and get follow up testing.

These same 12 steps were reported on <http://www.wikihow.com/Use-a-Body-Fluid-Spill-Kit>

A complete video of sample clean up can be found at <http://www.youtube.com/watch?v=ZSKpzKHolKU> or <http://www.youtube.com/watch?v=IEZCIR82ujs>

Please take the time to familiarize yourself with these procedures so that you will be protected. Lastly, please inform the committee whenever you use a kit so that we can work on replacing it.